## BROGES 50 L E A R N I N G PARENT NEWS JUNE 2022 NEWSLETTER

## -BUZZWORTHY-JUNE 21 - FIRST DAY OF SUMMER

00

Summer is a time to relax, take a family vacation, and have fun with our friends. But, the rise in temperature and outdoor time brings new concerns. **SUNBURNS:** Use lots of sunscreen. Try different brands with different ingredients. My personal favorite is the zinc oxide type. Find what works best for your child. Some may prefer spray on their body but cream on their face. Don't forget to apply sunscreen before arriving at the center. Re-apply during a day outdoors.

WATER SAFETY: You should reassess your child's swim abilities before every trip around water. Floatation equipment approved by the US Coastguard is best; your

child's life is worth it. Active supervision is always important. Make it a habit to keep a child within arm's reach when playing in or around water.

HYDRATION: Dehydration happens quickly. In the heat, children sometimes have a hard time realizing they are thirsty. Remind them to drink water regularly. Electrolyte filled Gatorade popsicles or getting a personalized new water bottle can also help with keeping a child wellhydrated.

HAVE A HAPPY SUMMER

-CONTACT INF

Bridges to Learning Woods Edge Plaza 176 Route 46 E Rockaway, New Jersey 07866 973-230-0448 www.bridgestolearning.org **info@bridgestolearning.org** 

## -REMINDERS-

Make sure everything brought to school is labeled with your child's name. We are now hiring! Please see open positions and an application on our website.



## -EVENTS-

Nat'l Fruit & Veggies Month 5/31 - 6/3 : Science Theme 6/3 : National Donut Day 6/6 - 6/10 : Camping Theme 6/8 : World Ocean's Day 6/9 - PreK 4 Trip to Turtle Back Zoo 6/14 : Flag Day 6/17 - PreK 4 Graduation 3:30 PM 6/19 : Happy Father's Day 6/20 - Father's Day Ice Cream Sundae Party 6/13-6/17 : Fruit & Veggies Week 6/21 : First Day of Summer 6/27 : Summer Camp Begins

> REGISTERING FALL CLASSES

PLEASE REFER YOUR FRIENDS & FAMILY



Woods Edge Plaza 176 Route 46 E, Rockaway, NJ 07866 973-230-0448 www.bridgestolearning.org **info@bridgestolearning.org** 

